Mental Disorders You Should Be Familiar With For the AP Exam – “Divide & Conquer Jigsaw”

KT AP Psychology – Abnormal Psychology

Anxiety Disorders

Panic Disorder

Agoraphobia

Specific Phobia

Generalized Anxiety Disorder

OCD & Related Disorders

Obsessive Compulsive Disorder

Hoarding

Body Dysmorphic Disorder (CDD)

Trichotillomania

Post-Traumatic Stress Disorder

Disorders of Mood

Bipolar Disorder

Cyclothymia

Major Depressive Disorder

Persistent Depressive Disorder (Dysthymia)

Seasonal Affective Disorder (SAD)

Dissociative Disorders

1. Dissociative Identity Disorder (DID)
2. Dissociative Amnesia (including Fugue)
3. Depersonalization/ Derealization Disorder

Eating Disorders

1. Anorexia Nervosa
2. Bulimia Nervosa
3. Binge Eating Disorder

Somatic Disorders

1. Conversion Disorder
2. Illness Anxiety Disorder (formerly hypochondriasis)
3. Somatic Symptom Disorder (SSD)
4. Factitious Disorders

Neurodevelopmental Disorders

1. Autism Spectrum Disorder
2. Attention Deficit Hyperactivity Disorder (ADHD)
3. Tourette’s
4. Conduct Disorder
5. “Oppositional-Defiant Disorder”

Schizophrenia

1. Schizophrenia
2. Positive and Negative Symptoms (of Schizophrenia)
3. Process vs. Reactive Schizophrenia

Personality Disorders

1. Anti-Social
2. Paranoid
3. Narcissistic
4. Borderline
5. Histrionic

24/4 = 6

Objective: collaborate with a group of four to learn about many abnormal psychological disorders that are ‘fair game’ for this unit and the AP Exam.

Directions:

1. Gather in a group of 4.
2. Divide the workload. There are 24 disorders/components of disorders that your group will be responsible for. Each group member should have about 6. Some categories won’t divide evenly, so it is possible someone will have one more or one less to do individually.
3. Individually research the disorder you are responsible for. Provide a BASIC description for each on the DSM-5 Chart we are using for this unit. Use the following sources:
   1. Your AP Psychology Ch. 12 Supplement Text
   2. The Abnormal & Treatment Review PPT I have Uploaded on: <https://tcsocialstudies.weebly.com/unit-910---abnormal--treatment.html>
   3. Accredited Websites (e.g., <https://iocdf.org/>)
4. Once you have complete your individual responsibility (~6 disorders), reconvene with your whole group and teach each other the disorders. By the end of this activity, everyone should have a fully completed DSM-5 Chart and be able to identify an abnormal mental disorder when provided a case study.